

Psychological, Personal, Business & Sport Specific Conditioning (**SSC**) **etc.** Support for people all ages, Children, Adolescents, Adults, Elderly as well. Confidence & Self Esteem/Worth/efficacy, personal growth/autonomy, self/regulation, Stress/maladaptation, Obesity, Sleeping Disorders, Pre Mature Ageing, Nail Biting, Self-Mutilation, Suicide/intrusive thoughts, Cognitive impairment, Vocational Distress, Abuse: Any/All Types, Peer Pressures, priming, Foreign Adjustment all ages, Adjustment Disorders **e.g.** school **etc.**, Interpersonal Relationships through **i.e.** Imago **Therapies (IT)**; strengthening support structures **etc.** Asceticism/Monasticism, Transactional/Game Analysis (**T/GA**) **ETC.** Any Natural Disasters/Conflict Management, Terrorism, Sectarianism, harassment, Stigmatization, Psychoticism, Euthanasia, Dynamics/Roles/relationships, Marriage/Divorce & Family etc, Adultery, Blended /Broken Families/Mixed/Combined, Couples **Therapy**, Formal/Informal Counselling, Pre Marital Therapy/Workshops, Career/Business **therapy etc.** Identity & Gender identity exploration, Slave Trading, Daydreaming, Ageing, Anger Management through **i.e.** Regression **Therapy (RT)/STREPCO** Approaches **ETC.** General/Specific Change & Transition, Stereotyping,/related, Childism, Corruption, Internalisation, Poverty Circumstances, Adoption, carnal desires, Deprivation, Transgender, Bisexuality, Gay, Lesbian, Singalism, Transexaulism (**TBGLST**), Transvestism, asexualism, neutrois, intersexualism, dyadicism, victimization, dysphoria, child bearing/children planning, social/peer pressures, homosexuality **ETC.** Sex/Slave Trading, Fatigue, Functional **Therapies**, Teenage Pregnancy, Sensitization/s, **ADD/ADHD/IRLEN**, Parenting Guidance/Advice/Talks/Workshops, Parent/Infant Psychotherapy, Vocational Distress, Immigration Preparation/Seperation, Prostitution, Teenage Rebellion, Tease ism, Bullying All Ages, Boredness, Depression, stuttering, Fibromyalgia; **i.e.** Cerebral Tumor Celibri (**CTC**) or other related conditions **etc.**

PTSD especially & associated symptoms/problems acute/chronic/longterm/shorter, all ages; **Trauma Therapy, Trauma of any kind all ages e.g.** Victims of crime/violence/abuse/HiJacking, robberies, rape; (female/male), hostages, **etc**, secondary trauma (vicarious stress)/tertiary trauma **ETC.** Grief/Bereavement /Loss/Isolation, suffering, Denial, Guilt, despair, **OCD's**, Dissociation, Episodic Amnesia i.e. from psychological/physical stress, height/lift/light sensitivity, Attachment, Separation Anxiety through e.g. **EFT**. Burnout; **e.g** overworked, unemployment, retrenchment **etc**. Group/individual & Family, Anti Natal/PostPartum Depression, Genetic Counselling, Pre/Marital Counseling/**Therapy**/Workshops/Talks, Spiritual Counselling, Pastoral Counselling e.g. Christian/Biblical Counselling (**C/BC**), Religion Education/workshops, Couples Counselling (**CC**), Sexual Counseling/**Therapy**, Dependency/Independence, Oncology Counselling, Terminal /Serious Ill /illness Counselling, Intellectual/Physical disabilities/ related **etc**, Palliative Care, Intensive Care counselling, Blindness & night/Colour, Pain Management chronic/acute, **AIDS/HIV** and related education, Rehabilitation/Recovery/Reintegration Programs (e.g. Detox/intensive counselling/therapies) etc for all types of Addictions/Dealing/Managing cravings: **e.g.** Drugs; Alcohol, Cannabis, Codeine, cocaine/opium, Ephedrine, food, inhalant dependence, Credit, Pharmaceutical/s, Tranquilizers, **CAT**, Nyaope, Sex, **OCT**, Gambling, Pornography, gaming, Xbox/video, pharmacological, Analgesics, Internet/Online, Narcotics, gangster addiction and related problems/concerns/difficulties/complications etc (**which could lead to even further problems in individual's/others life's; possible causes of further issues on top of initial ones as well**).

Please note specialized hypnosis can be given to people who would like to stop smoking especially, covered by medical aid/s; service especially offered from the Counselling & Wellness Centre!